



This Union is for You!



Safe at work – We stand behind you

As a member of Seko, you are stronger at work.

We are here for you and your colleagues. It doesn't matter if you are new to the job or if you have a long working career behind you, whether you are on an hourly wage or if you are a full-time employee – the union is here for you and your co-workers.

As a member of Seko, you will receive help in knowing your rights – whether they concern your employment, your working hours or your salary.

If you need support, we are here for you, and you will have full access to our membership services.

Being a member of the union is in your own interest, but it's also about standing up for each other. The reason we have rights and benefits at work is because our union is strong enough to negotiate and consult agreements with employers to represent the views of our members.

When a salary is raised, it is not because the employer suddenly becomes very generous. The reason is we have been strong enough to push through our members demands on higher salaries.

Remember - as a member, you are actively involved in influencing how you want things to be at work.

Seko is a strong trade union. We organize about 100,000 members in sectors including *rail traffic, road and rail construction, energy, postal services, telecommunications, shipping, defense, state operations and correctional services.*

Welcome as a member!



Postal workers in Sweden and union representatives for Seko.

This is included for you as a member

Being a member comes with a range of benefits.

Safety and support

Seko has over 5,000 locally elected representatives who daily support our members to ensure that all work-related issues are being performed in a correct manner such as wages, employment, and working conditions.

Strength

Seko's strength is based on our numbers; with 100,000 members behind us, we can push through our demands more easily. As a member, you contribute to future salary increases and improved conditions at work.

Help and compensation

Through our collective agreements with employers, you are always covered by insurance at work. If you have a work-related injury, Seko will assist you.

Insurance and legal advice

Some of your benefits as a member include an income insurance and an accident insurance that applies during leisure time. An additional insurance gives you help with legal advice from professional lawyers.

Benefits and discounts

Your membership will also give you access to benefits and discounts on a variety of products and services like traveling, entertainment, electronics and eyewear etc.



Seko members working in the energy sector.

Join Seko today!



As a new member of Seko, you will for the first six months only pay 50 SEK/month if you sign up to pay by direct debit ("autogiro").

Visit www.seko.se for more information and become a member today!

If you have a question for us - talk directly to your Seko representative at your workplace, or contact our member service, Seko Direkt.

E-mail: sekodirekt@seko.se

Phone: 0770-457 900 (open during office hours)

